

St. John's C.E. Primary School

PSHE and RSE Policy



St. John's Vision statement

At St. John's we want everyone to grow and flourish. Our small school is a nurturing community where we can develop our gifts and broaden our horizons. We seek to do all this within the knowledge and love of God, where the values of His Kingdom guide and inspire us.

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ.' Ephesians 3.16-18

'Thriving and learning as we build God's Kingdom'

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1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to:

- To help our children develop self-confidence and a feeling of worth.
- To encourage our children to make healthy, informed choices about their lives.
- To help pupils identify ways of responding to peer group pressure and social challenge.
- To develop a caring and considerate attitude towards themselves, others and a caring attitude to the environment.
- To help our pupils to understand and manage their feelings.
- To become more confident in dealing with life's challenges.
- To understand how society works and their rights and responsibilities.
- To help children move into adulthood with Christian values and principles to broaden their horizons and make a valuable contribution to the world.

The aims of relationships and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place.
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene.
- Help pupils develop feelings of self-respect, confidence and empathy.
- Create a positive culture around issues of sexuality, relationships and difference.
- Teach pupils the correct vocabulary to describe themselves and their bodies.
- To teach pupils that every person in the school community is a child of God: at the heart of Christian distinctiveness is an upholding of the worth of each person.

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

RSE is a statutory subject.

- We must teach relationships education in line with the terms set out in statutory guidance by the DfE.
- We must teach health education under the same statutory guidance.

- › We must teach elements of sex education which relate to health, relationships and science.

3. Content and delivery

3.1 What we teach

As stated above, we're required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance.

For aspects of PSHE and RSE, see our **curriculum and progression maps on our website** which detail the content and progression across each stage at St. John's.

3.2 How we teach it

- › PSHE lessons take place weekly over the course of the year.
- › PSHE at St. John's is largely led by the school's values, which are selected by the pupils yearly.
- › PSHE and RSE lessons are delivered by class teachers, and in some cases supported by outside agencies and services.
- › Where possible and relevant, PSHE involves visits from outside agencies and services, such as police, fire brigade, charity workers etc...
- › Whole school assemblies also play a role in the delivery of PSHE through the focus on our school values and key points in the calendar year which relate to PSHE.
- › PSHE sessions adopt a sensitive and inclusive approach, and amendments are made where necessary for pupils with specific needs.
- › The delivery of PSHE and RSE are led by the whole school vision and ethos, which is in line with statutory guidance.
- › RSE lessons follow the Christopher Winter Project scheme of work, which is recognised and approved by the PSHE Association, who are endorsed by the DfE.
- › All teachers receive induction and training on using the RSE scheme of work, as well as guidance and support in approaching PSHE themes and sessions.
- › The school will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.
- › Pupil progress and understanding in PSHE, which includes RSE, is recorded in individual pupil books and whole class floor books.
- › The subject is assessed termly using teacher assessment.
- › Progress is reported to parents in end of term reports.

RSE is taught within the PSHE curriculum. Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE).

RSE focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- › Families and people who care for me
- › Caring friendships
- › Respectful relationships
- › Online relationships
- › Being safe

These areas of learning are taught within the context of family life, taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers

amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

Parents' right to withdraw

Parents do not have the right to withdraw their children from relationships education.

Parents have the right to withdraw their children from non-statutory and non-science components of sex education within RSE.

Requests for withdrawal should be put in writing and addressed to the headteacher.

Alternative work will be given to pupils who are withdrawn from any sessions.

4. Roles and responsibilities

4.1 The governing body

The governing board will approve the PSHE & RSE policy, and hold the headteacher to account for its implementation.

The governing body also receive training on the school's approach to the teaching of RSE.

4.2 The headteacher and PSHE/RSE leader

The headteacher and PSHE/RSE leader are responsible for ensuring that PSHE and RSE are taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE and RSE in a sensitive way.
- Modelling positive attitudes to PSHE and RSE.
- Monitoring progress.
- Responding to the needs of individual pupils.

4.4 Pupils

Pupils are expected to engage fully in PSHE and RSE and, when discussing issues related, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE and RSE is monitored by the senior leadership team through:

- Learning walks
- Book looks
- Outcomes of pupil interviews

This policy will be reviewed annually.

At every review, the policy will be approved by the governing body.

6. Links with other policies

This policy links to the following policies and procedures:

- Safeguarding Policy, Behaviour Policy and RE Policy